



WORK GROUP ON CROSS-BORDER MENTAL HEALTH SERVICES

TERMS OF REFERENCE

PURPOSE

To outline the Terms of Reference for the Work Group on Cross-border Mental Health.

BACKGROUND

The Work Group on Cross-border Mental Health aims to foster the development of the science and profession of psychology through identifying, analysing, and making recommendations for cross-border mental health service provision in the best public interest.

COMPOSITION

1. Co-Chair, Executive Committee Member
2. Co-Chair, A National Member

The Committee will comprise additional members to be elected from the Executive Committee, National Membership, Regional Membership, and Affiliate Organisations. Members should include mental health practitioners, policy-makers, patient representatives, and/or experts in cross-border service provision and virtual mental health services.

APPOINTMENT AND TERM

IUPsyS Statutes and Rules of Procedure, Article 19(f) - The duties and powers of the Executive Committee shall be:

- To appoint members of the Standing Committees and to establish and appoint members to Committees and Work Groups.

IUPsyS Statutes and Rules of Procedure, Article 21(c) - The duties and powers of the President shall be:

- To appoint Chairs of Committees and Work Groups in consultation with the Secretary-General.
- The Term shall commence from the start of a new quadrennium, and the term shall last for a two-year period.

ROLES & RESPONSIBILITIES

- To serve an advisory role to the Executive Committee in the fulfilment of its responsibilities as reflected in the *IUPsyS Statutes and Rules of Procedure, Article 19(c)- the duties and powers of the Executive Committee shall be to monitor the progress on the organization of International Congresses of Psychology and other activities conducted under the auspices of the Union.*
- To conduct a review of the literature on cross-border service provision, including relevant guidelines, policies, and laws/regulations, to identify best practices,

challenges, and opportunities for virtual mental health service provision across borders.

- To identify and analyse existing models of cross-border mental health service provision (including virtual services), including their strengths and weaknesses, and assess their potential for wider adoption and scalability.
- To identify and engage with stakeholders involved in the delivery of virtual mental health services, including mental health practitioners, policymakers, and patient representatives, to gather their perspectives and experiences on cross-border service provision.
- To develop recommendations for enhancing and promoting the provision of cross-border virtual mental health services, including strategies for addressing challenges related to regulations, reimbursement, language and cultural barriers, and technological infrastructure.
- To produce a final report summarising the findings of the Work Group, including the recommendations developed, and disseminate and provide guidance on stipulated recommendations to relevant stakeholders and the public.
- To meet on a regular basis, with the frequency of meetings to be determined by the co-chairs in consultation with the members.
- To take minutes of meetings which shall form part of the reports submitted to the Officers.

MANDATE TO MAKE RECOMMENDATIONS TO THE IUPsyS OFFICERS/EC

The Work Group will be responsible for the above activities and shall report to the IUPsyS Officers on a three-monthly basis.

REVIEW AND ASSESSMENT OF THE TERMS OF REFERENCE

This Terms of Reference shall be effective as of July 12, 2023 and reviewed to ensure its effectiveness and relevance.